

Titan Freshman Invitational Thursday, April 11th, 2019

3:45pm Coaches Meeting (Infield at the Finish Line)

4:00pm Field Events (2 Entries, combined distances)

Discus Relay – 4 Throws Shot Put Relay – 4 Throws Long Jump Relay – 4 Jumps

High Jump Relay Pole Vault Relay

4:30pm Running Events (One Entry)

110m Hurdles (36")

100m Dash 1600m Run 4 x 100m Relay 400m Dash

300m Hurdles (36")

800m Run 200m Dash 3200m Run 4 x 400m Relay

We will score the top 6 places (10-8-6-4-2-1) with the team champion receiving a plaque after the meet.

Please submit entries at www.baumspage.com by 9:00pm on Tuesday, April 9th. Email rschoonmaker@sjjtitans.org or sspent@sjjtitans.org with any questions or concerns.

Respectfully,

Ryan Schoonmaker Steve Spenthoff

Meet Manager Head Coach Track & Field

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